



Your Wellness Center Guide

INFORMATION FOR EMPLOYEES



CARE WITHOUT COMPROMISE

Welcome to Proactive MD

More than just an onsite clinic.

Proactive MD has partnered with your organization to provide an employer-sponsored Wellness Center. Now you, your spouse, and any dependents enrolled in the health plan can receive exceptional primary care whenever it's needed, at no cost to you.

Our Wellness Centers offer services such as family medicine, acute care, medication dispensing and prescriptions, lab work, and more. You can also take advantage of our total wellness solutions, including weight loss programs, diabetes education, stress management, smoking cessation, and wellness coaching.

Our providers and clinical care team practice medicine the way it was meant to be practiced: personally and proactively. We are here to serve you with compassion and transparency, and we promise to always fight for your greatest good. Come see what Care Without Compromise could mean for you!

UA Local

UA Local 502 & 633 Plumbers & Pipefitters

Wellness Center Hours & Contact Information

The Wellness Center should be your first stop for healthcare - whether for routine care, minor illnesses, or injuries. Your Proactive MD Team will assess your symptoms and help you understand the best course of action.

Active members and dependents are eligible to use the Wellness Center, as well as retirees and dependents under 65 years old until enrolled in Medicare.

Visit: www.proactive.md

UA LOCAL 502 & 633 Wellness Center

4340 Crittenden Dr. Louisville, KY 40209

Phone: 502.792.8205 **Fax:** 502.434.4258

Hours:

Mon: 7:00am - 12:00pm Thu: 10:00am - 4:00pm

Tue: 10:00am - 4:00pm Fri: 7:00am - 12:00pm

Wed: 12:00pm - 8:00pm



HAVE YOU SCHEDULED YOUR

New Patient Appointment?

Your care team can serve you better when you become an established patient.

Get to know your care team and establish yourself as a patient by scheduling a New Patient Appointment at the Wellness Center.

Your initial visit is very important! Your care team will review your medical history and complete a thorough examination to assess your current health. Depending on your care needs, this visit may take 45 minutes or longer.

Please bring any existing prescriptions to see how much you can save by filling them at the Wellness Center.

As an established patient, you will receive:

- Quicker access to appointments
- The ability to use after hours line
- Same-day sick appointments
- Less than 5-minute wait times
- Select medications and labs for free
- Disease and illness prevention
- Treatment for common illnesses & infections
- Physicals
- Wellness consulting



FEELING SICK OR HURT?

Make the Health Center your first stop.

Your Proactive MD Team will assess your symptoms and help determine the best course of action, at no cost to you. Your Wellness Center should always be your first contact for both routine care and minor illnesses / injuries.

Every visit to the Emergency Room costs hundreds of dollars to your health plan. Before visiting the ER, call your Wellness Center to find out if we can help you at little or no cost.

Your Wellness Center Offers:

- Same-day sick appointments
- Less than 5-minute wait times
- Select medications and labs at no cost
- Wellness consulting
- Management of diabetes, hypertension, high cholesterol, and other chronic diseases
- Disease and illness prevention
- Treatments for common illness & infections
- Ear or sinus infection treatments
- Stitches placement & removal
- And more!

If you need assistance outside of normal business hours, leave a message and a provider will return your call: **502.792.8205**.



6-Month Medication Consultations



Medications are dispensed for free through your Wellness Center when you visit the Proactive MD provider at least once every six months.

Because our providers dispense medications using their personal medical licenses, they must have an established relationship with any patient who uses their dispensing services. This ensures that they are prescribing the appropriate medications at the appropriate doses. Even if you are seeing an outside provider, you must visit the Proactive MD provider at least once every six months to continue receiving medications through the Wellness Center.

Call your Wellness Center today to schedule your next medication consultation.